

Age Appropriate News School News Events and Achievements

Inspiring stories from Afghan women!



The collection of short stories, titled "My Pen is the Wing of a Bird," is written by women authors from Afghanistan. In recent years, the fashion choices that are made by women have evolved into a battlefield. The strict edicts of the Taliban regarding the proper display of modesty are frequently enforced by the use of force.

The women of Afghanistan have been in the vanguard of the increasingly rare public demonstrations that have been taking place in their country. During the rule of the Taliban, many Afghan women experienced horrific atrocities. Journeys longer than 48 miles (72 kilometres) necessitate the presence of a mahram, which is another term for a male escort.

Women in Afghanistan will sometimes refer to a bird as a "Paranda." Women, particularly educated women who live in urban areas, are not willing to be constrained, and this sentiment is especially prevalent among urban women. Small crowds are showing incredible bravery by staging protests. Even in the most rural areas of the country, there are women who are illiterate and whose lives are similar to jails. They appear to be seething inside about it.

The use of women-only gyms and baths, as well as public parks, is no longer permitted. Given everything, it's probable that areas that are now confined may become even more restricted. Afghan ladies have a strong belief that the written word has the ability to heal a person's shattered spirit. When someone's arms are broken, another person can lean on their pen for assistance. On the other hand, the life of a writer can be fraught with unpredictability and even peril. Afghan women have the courage to hold onto hope that the following chapter would be more prosperous than the one that came before it.

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WHAT'S INSIDE?

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Himachali women innovate using pine needles!



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Lab-grown retina could restore vision!



Chopta, Uttarakhand – India Travel Diaries!



& MUCH MORE..

DO NOT MISS THE AMAZING STORIES, VIDEOS AND ART FROM BUDDING WRITERS, SCIENTISTS AND ARTISTS ON MY EXPRESSIONS, JOKESPOKE, WORD OF THE DAY, TONGUE TWISTER, QUOTES AND FUN FACTS. CHECK OUT OUR EVENTS



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AVID NEWS READERS

Himachali women innovate using pine needles!



Image Credit: Twitter

Many women in Himachal Pradesh are making a living off of pine needles. "Improvement of Himachal Pradesh Forest Ecosystems Management and Livelihoods" aims to help women make a living. In addition to protecting biological diversity. They make a variety of household items and help improve the state's forest ecosystem.

Chir pine or longleaf Indian pine, is a type of pine tree that grows naturally in the Himalayas. Baskets, pen stands, serving trays, mirror edges, jewellery boxes, and a variety of other items are some of the things that can be crafted from chir wood. According to the opinions of various experts, chir pine is one of the primary factors that contribute to forest fires.

Women's self-help groups that are a part of the initiative also get money and training. As well as places where they could sell the goods. Experts in women's self-help groups say that women have always worked at home or in the field in silence and without being seen. But they now feel more in control of their lives because they have made new friends and their family's income has gone up. "Utt

Cybercrime awareness campaign!



Image Credit: Canva

Jamtara is trying to get change the public image that it is involved in cybercrime by focusing on education. Jamtara is part of Jharkhand. Jharkhand is a state in eastern India that was established on November 15, 2000. It was formerly the southern half of the state of Bihar.

The cybercrime initiative is being carried out in more than a hundred communities across Jamtara. A popular OTT platform aired a web series on how phishing has become very common in Jamtara. The initiative is called "Police ki Pathshala" (which translates to "Police's School").

The program's goals include providing high-quality education and raising awareness about cybercrime. Special attention has been paid to the places that are most affected by cybercrime. The authorities hope to make youngsters participate in developmental activities. As a result of the campaign efforts, youngsters who participated in cybercrime, are focusing their efforts on securing careers in respectable fields.

Guess the designer brand led by a woman?



Image Credit: Twitter

Bernard Arnault is one of the richest people in the world. He owns the most valuable company (LVMH) in Europe. LVMH or Moët Hennessy Louis Vuitton is a French multinational company that specialises in luxury goods. Mr Arnault has made his daughter Delphine Arnault lead the Dior business.

LVMH owns luxury brands like Louis Vuitton and Fendi and is thought to be worth more than £336 billion. Mr Arnault has five children, and all of them work for LVMH firm as leaders for different businesses.

Delphine received her primary education in Paris. In addition, she spent some time in the United States at a French-American school. Arnault received her degree in economics from the London School of Economics.

Since 2013, she has been in charge of all activities relating to the products sold by Louis Vuitton. Business experts claim that her management style is "very peaceful". However, she is known to make unexpected visits to stores on busy Saturday afternoons.

Material used in toys need to be of BIS quality!



Image Credit : Canva

Across India, more than 18,000 children's toys were seized from sale at various retail outlets. This was due to the fact that they did not possess the BIS quality certification. The Bureau of Indian Standards (BIS) is the government agency that is responsible for ensuring that the quality of products is up to a specified standard.

According to the Bureau of Indian Standards, "Toys cannot be manufactured, sold, imported, or distributed without bearing the ISI Mark." In addition, the ISI mark should be present on the majority of toys. This includes both electric and non-electric playthings like dolls and slides. The ISI mark is an indication that a product fulfils certain standards.

The BIS officials carried out random quality checks at several shopping malls and major airports across the nation. Some of these standards concern safety concerns related to the physical and mechanical properties of toys. For example, flammability, the presence of toxic elements, and the presence of sharp edges. The official authorities sent out notifications to concerned online resellers.



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SPACE & TECHNOLOGY

Black hole turns star into a cosmic doughnut!



Image Credit: NASA

Astronomers have found a black hole that tears apart a star. The cosmic event creates a shape that resembles a doughnut. According to experts, the event takes place in the middle of a galaxy 300 million light-years away from planet Earth.

As a follow-up to the observations of the flash, astronomers used the Hubble Space Telescope to analyse the event. They do so using ultraviolet light from the dying star to figure out what happened. The star's expanse showed how the black hole tore it apart before stretching it out. Even though most of this stuff will fall into the black hole in the end, some of it will be able to get out into space.

Astronomers believe that so far have seen about 100 of these interactions between black holes and stars that get too close to them. These interactions often lead to the destruction of the stars. The collapse of the stars often occurs by the tidal forces that are caused by the black hole's huge gravitational pull. As a follow-up to the observations, astronomers will use the Hubble Space Telescope to examine the region at the centre of this galaxy in ultraviolet light.

"Wearable muscles" may help arm-impaired!



Image Credit : Twitter

With the help of a set of muscles called "wearable muscles," people who have trouble moving their arms can move them again. The shape of these muscles is like that of a shoulder sling. Also, this set of "wearable muscles" could help make the arms more flexible and strong. With the help of artificial intelligence (AI), devices are available to people who have lost their mobility.

The "Myoshirt" is a high-tech garment that amplifies the amount of muscle input. This apparatus is able to learn the movements that a person intends to perform. After that, it makes the movements easier by lending an increased amount of force to the actions.

The Myoshirt is a type of vest. It comes with a small box that holds all of the technology that doesn't go on the body directly. It works like an artificial muscle for the arms and shoulders, but it is comfortable enough to wear. Smart technology picks up on the user's movements, and the device stays in sync with those movements. The user is always in charge of the device. In addition, the user can change the settings whenever they want.

Stars lead to the end of our galaxy!

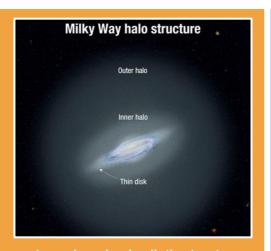


Image Credit: NASA

Astronomers discovered more than two hundred distinct stars (nicknamed "RR Lyrae stars"). The stars were discovered by looking through a cluster of galaxies located beyond the Milky Way. They believe this provides a pretty compelling stellar road sign for the end of our home galaxy. The RR Lyrae stars are among the oldest stars in the galaxy.

The Milky Way is comprised of a centre. Around the centre can be found the thin spiral-arm disc where our own solar system resides. Followed by the inner and outer "halo" is a region that is characterised by the presence of the centre. The halo extends in all directions for hundreds of thousands of light years. A "halo" is a region that is characterised by large amounts of dark matter and less information than the inner regions.

The discovery will provide astronomers with insight into researching how the Milky Way was formed. According to experts, the findings of this study are redefining what comprises the outer edges of our galaxy.

Lab-grown retina could restore vision!



Image Credit: Canva

Scientists take a step forward to treat blindness with retinas grown in a lab. They were able to recreate light-sensitive eye cells that they had grown in the lab. According to the opinions of several experts, carrying out this procedure is a requirement to transplanting the cells into patients in order to treat a variety of eye illnesses.

At the back of the eye is a thin layer called the retina. It is in charge of turning light into signals that the brain reads as sight. In 2014, the researchers were able to make structures that looked and worked just like a real retina. In addition, as time went on, the researchers were successful in generating a response from the retinal cells that had been created in the laboratory.

They also linked up with cells that were right next to them. The team also took groups of retinal cells apart and then watched how the cells reconnected. This was done to make sure that connections were made that would work. Researchers believe that carrying out clinical studies on actual individuals is the subsequent step that makes the most sense to take.



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Science & Discoveries

Lightning zigzags—why?

Image Credit : Canva



Lightning is recognisable by its zigzag shape. According to a study, the zigzag pattern of lightning is caused by a highly conducting form of oxygen. The oxygen builds up irregularly as the bolt travels toward the ground. In addition, a lightning bolt is preceded by "leaders" of ionised (electrically charged) air that branch out from the bottom of a thundercloud.

These "leaders" of ionised air show that a lightning bolt is preceded by a lightning bolt. The majority of the time, these leaders are much too faint to be observed with the human eye. According to experts, the stepped pattern is formed not by the last lightning bolt but by the leaders that precede it. In most situations, air functions as an insulator.

However, the leaders produce patches with high concentrations of conductive oxygen called "singlet delta oxygen." In about a millionth of a second, the leader fires across several steps. After each of these discharges, there is a short period of "darkness" or no visible discharge. The lightning finally hits the ground.

Huge canals discovered linking Maya settlements!

Image Credit : Canva



Guatemala is now home to about one thousand previously unknown Maya settlements. These settlements otherwise had been concealed from view for quite some time. The buildings and structures that were discovered by the researchers can be found across an area that is more than fifteen hundred square kilometres.

Guatemala is a Central American country. Mesoamerica, which was made up of parts of Mexico and Central America, was where the Maya lived. Experts believe these locations were inhabited between the years 1000 and 250 before the common era.

The recent discoveries include a great deal of information for experts to analyse. These include enormous networks of causeways and canals that link many of these sites together. The linkages also provide evidence that all of this was once a part of a kingdom-like entity. There is also evidence of clever drainage and water collection systems in this area. According to researchers, "The settlements reveal the presence of sophisticated societies during the Middle and Late Preclassic periods."

Skittles candies are not good for health!

Image Credit : Twitter



A US citizen has filed a complaint against Mars Inc, the company that makes Skittle candies. According to the complaint, the Skittle candy is unfit for human consumption. These candies are banned in Europe for now. The complaint order states that the candies include titanium dioxide, a chemical used as a colouring agent.

The Food and Drug Administration (FDA) has allowed titanium dioxide to be used as long as it makes up 1% of food's weight. The titanium dioxide is used in products like chewing gum, chocolates, pastries, toothpaste and cosmetics, and in paints and paper production.

Meanwhile, the European Food Safety Authority doesn't consider this chemical to be safe for consumption. This chemical can cause the risk of cancer. Though, according to the research, the amount of titanium dioxide present in most food products may not enough to pose a threat to the health of humans. The company, Mars Inc has said that they are discarding the use of artificial colours including titanium dioxide.

Largest Amber-Preserved Prehistoric Flower!

Image Credit: Twitter



Scientists discover an amber-encased version of the largest flower in the world. The flower was still producing pollen at the time that it was being covered in the tree resin that forms amber. This discovery was made possible by the fact that the flower was preserved in amber.

The researchers analysed the pollen grains. Thereafter placing the extinct flower in the family tree of its living relatives. Experts believe that amber can be thought of as a time capsule. It is notable for preserving in great detail the plants and insects for millions of years. The flower is about 1.1 inches long.

The researchers looked at the tiny pollen grains to find out more about them. They were able to figure out that the fossil came from shrubs and small trees. The fossil is also called "sweet leaf." As a group, sweetleaf helped create a unique environment that included coastal marshes, bogs, and mixed woods.

Researchers think this helps them learn more about the history of the woods on Earth and how they have changed over time.



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DON'T MISS THESE

Could one ingredient make a perfect chocolate bar?

Image Credit: CES



Researchers say that there is one part of a chocolate bar that is more important than the others if you want it to taste just right. The combination of chocolate, sugar, and fat is unbeatable in terms of taste. Researchers observed how an artificial 3D tongue reacts when presented with a premium chocolate bar.

The fat in a choc bar typically does not come into contact with the tongue or cheeks. It mixes with saliva and goes down the throat. Thus, the fat content will probably have less of an effect on our health. The 3D-printed tongue tasted different kinds of choc bars with different amounts of fat, sugar, and cocoa. In the end, the bars with the most fat were the ones that made the 3D tongue move around the most.

In addition, the more fat there is around the chocolate, the more likely it is that it will stick to the tongue and the inside of the cheek. Nutrition scientists say that the way chocolate tastes is because it can make droplets in the mouth. The researchers aspire to make the next-generation chocolate bar healthier and tastier.

Could solar farms float on the ocean?

Image Credit: Twitter



Indonesia is made of more than ten thousand individual islands. According to state officials, it is extremely difficult to provide energy to the entire nation. In addition, the people who don't have electricity are living on remote islands.

According to the International Energy Agency (IEA), solar energy is becoming the most cost-effective choice for the construction of new electrical power plants. Scientists express that floating solar is beneficial because it can be put on top of the water. Also, if there is additional demand, one can install additional solar panels.

The discovery of innovative techniques allows one to maintain solar panels operational despite the presence of waves. Also, solar farms may even be located very far out at sea, where they could act as charging stations for electric ships.

Therefore, this would be a very environmentally friendly solution.

UAE's Floating Tent Resort!

Image Credit : Twitter



In the United Arab Emirates, in the Sharjah Mountains, there is a concept resort with tents that seem to float in the air. Camping experts say that the Floating Retreat is the most luxurious way to camp in the mountains.

At the base of the mountain, there is a place to check-in. Before the guests can take an elevator up to the bridge level, they have to check-in. When guests are already inside the tent or room, the space can be raised or lowered to meet their needs. The goal of the floating tent resort is to give people a place to enjoy the natural beauty of the area. Also, learn about the rich history and traditions of the area. There are many ways to set up the tents so that they don't overlap or get too close to other tents.

The tents' side fabrics are made of a fabric that makes things look blurry. While the front of the tent is made of a clear material that lets you see everything around you. Individual tents or pods on the floating retreat are made to be luxurious and comfortable.

Bus stops that are Honeybee-friendly!

Image Credit : Twitter



Stopping Places for Buses in Scotland will be kind to honeybees and the environment. They will be covering their roofs with plants. Authorities hope that this will increase biodiversity and keep shelters cooler in the summer. In addition to absorbing pollutants because they will be covered in a blooming plant.

Authorities feel that bus stops are visible to everyone. Also, even if one is not riding the bus but instead strolling or driving by. Thus it is a visible reflection of the tiny changes that create more room for nature. Some believe, "It's a symbol of hope."

The conversion will initially be implemented at some of the buses stops as part of a test run. Eventually, the city may soon decide to implement it citywide for all new bus stops and mandate that existing stops be retrofitted. The city planners have high hopes that they will be able to devise volunteer programmes to irrigate and care for the plants that are perched atop the bus stops, In order to foster a sense of community within the Union Street neighbourhood.



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FEATURE CONTENT

Chopta, Uttarakhand – India Travel Diaries!

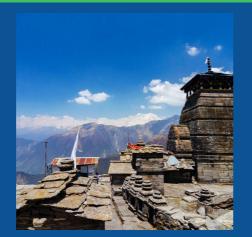


Image Credit: Canva

Chopta is a hill station located in the Uttarakhand Himalayas. The Himalayas are one of the highest mountain ranges in the world. In India, the Himalayas are spread across ten different states in north and east India.

Chopta is a beautiful region with lush green meadows. It is a part of the Kedarnath Wildlife Sanctuary and is also famous for bird watching. Green meadows in Chopta Green meadows in Chopta In Chopta, you can see many colourful and pretty birds.

Besides, bird watching Chopta is also popular for trekking. Chopta acts as a base camp for trekking into higher mountains. This means trekkers and travellers start the trek from Chopta. Don't worry, even children can trek here during summer.

However, during winters, trekking can get difficult because the region is covered in snow. Chandrashilla Trek Chandrashilla Trek If you visit Chopta from April to May, the entire area is also dotted with red, pink and white Rhododendron flowers.

Uncle Scrooge: The richest duck in the world!



Image Credit: Canva

The misadventures of Scrooge McDuck, his grandnephews Huey, Dewey, and Louie, and other characters from the animated series DuckTales are the focus of the cartoon show DuckTales.

Scrooge McDuck or Uncle Scrooge is an old duck from Scotland. He is the uncle of another famous cartoon duck – Donald Duck! Uncle Scrooge is named after Ebenezer Scrooge. This is a character from a novel called A Christmas Carol by Charles Dickens.

The title of "richest duck in the world" goes to Scrooge McDuck. He is well-known for having a reputation for being extremely miserly. But over time, he matures into a more admirable individual. Scrooge McDuck has a bill, legs, and feet that are a yellow-orange colour. The norm for him is a coat in either red or blue, a hat, and glasses.

In reality, Uncle Scrooge was only ever intended to make a single appearance. But he rose to prominence and is now featured in a great deal of movies and television series.

Energize Naturally: Beets' Ultimate Power-Up



Image Credit : Canva

The beetroot is a bulbous, sweet root vegetable. It is the taproot portion of a beet plant. The Romans first cultivated beetroot. During the 1980s, researchers discovered that beets could be converted into sugar. This increased the commercial value of beet.

The United States of America, Russia, France, Poland, and Germany are the countries that produce the most beetroot for commercial purposes. In most cases, they have a deep purple hue, but they can also be white or golden in colour. It is possible to eat both the leaves and the roots. Because of its natural sweetness, beetroot can be consumed fresh, but it is typically cooked or pickled instead.

The beetroot has a low total fat content, a high concentration of vitamins, minerals, and antioxidants, and a rich vitamin and mineral content. Folic acid, fibre, manganese, and potassium are all found in rather high concentrations in this food item. It improves digestion, lowers the danger of developing diabetes, and reduces blood pressure, to name just a few of the many positive effects it has on one's health.

Unique plants – Impatiens bequaertii!



Image Credit : Canva

Look at those dancing girls – they're so pretty! Oh wait, are they flowers? Impatiens bequaertii is a rare species that grows in the rain forests of east Africa.

The petals of Impatiens bequaertii resemble a little girl in a skirt with outstretched arms. This little plant only grows about a foot across (12 inches on a ruler). The blooms are also just 1/2 inch long. That's less than the top tip of my little finger!

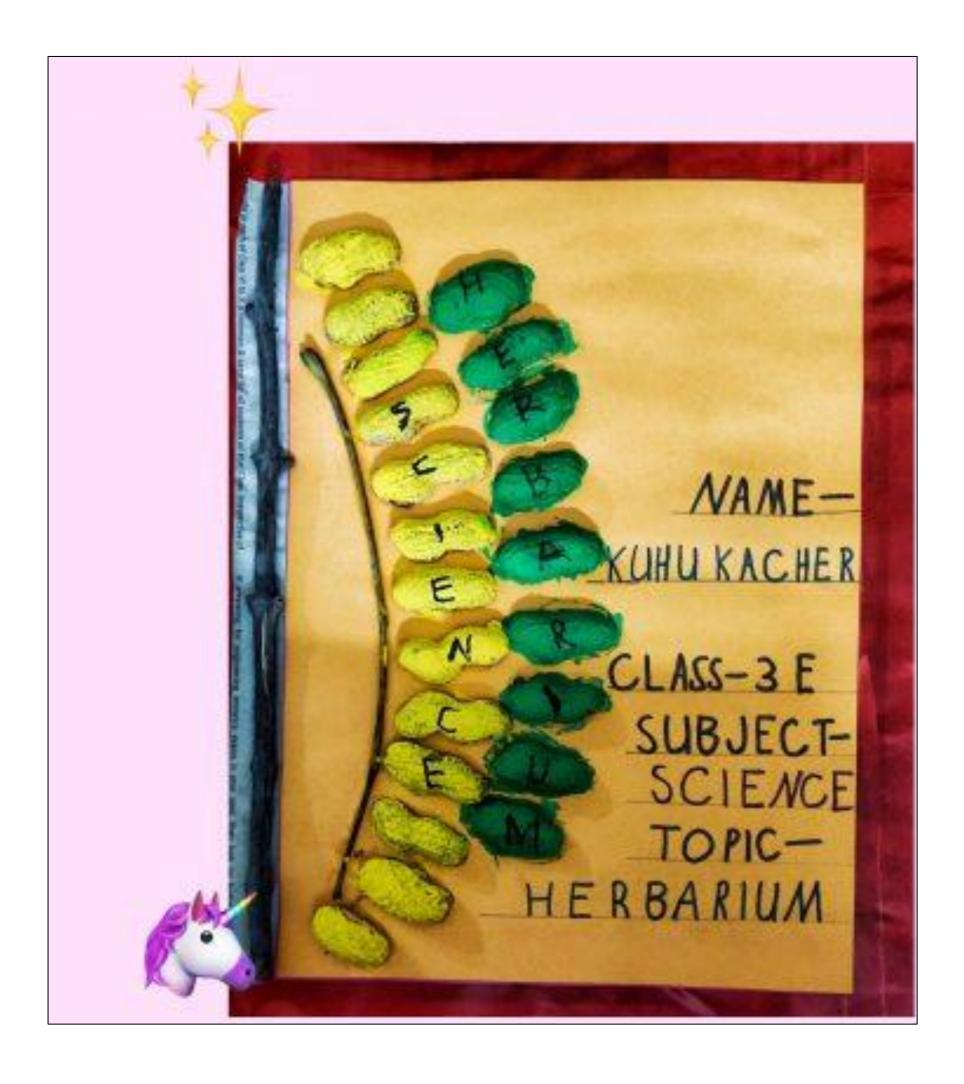
The majority of the time, the colour of these blossoms is white, but occasionally they are pink as well. The Impatiens bequaertii is a plant that lasts for a long time and climbs up to 8 inches while also trailing behind it.

It takes root where ever it touches the soil and can be grown in a hanging planter as well. Its heart-shaped leaves are olive green on top, and wine red on the underside. The branches are also red in colour. These impatiens grow year-round in a mild climate. They prefer filtered light and moist well-draining soil.



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MY EXPRESSIONS



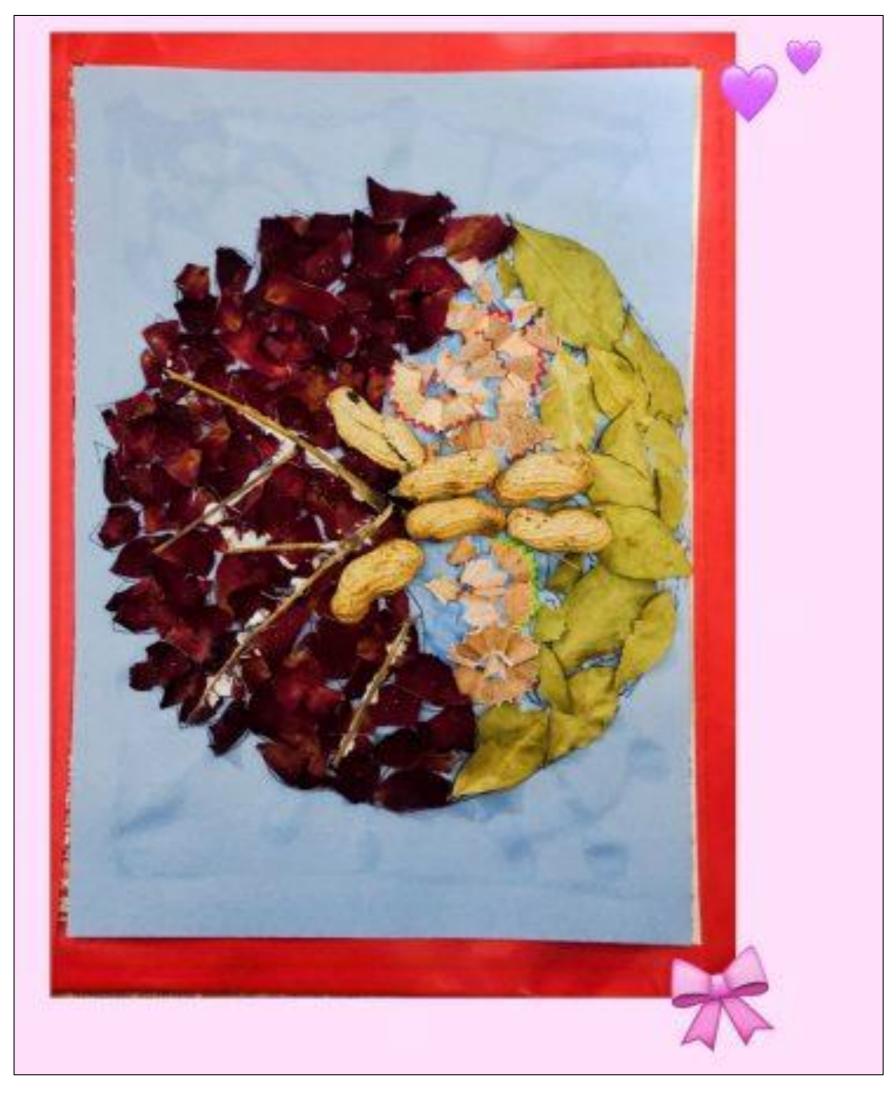
Herbarium - File cover

Kuhu Kacher
3, La Martiniere Girls' College,
Lucknow, Lucknow, Uttar
Pradesh



Age Appropriate News School News Events and Achievements

MY EXPRESSIONS



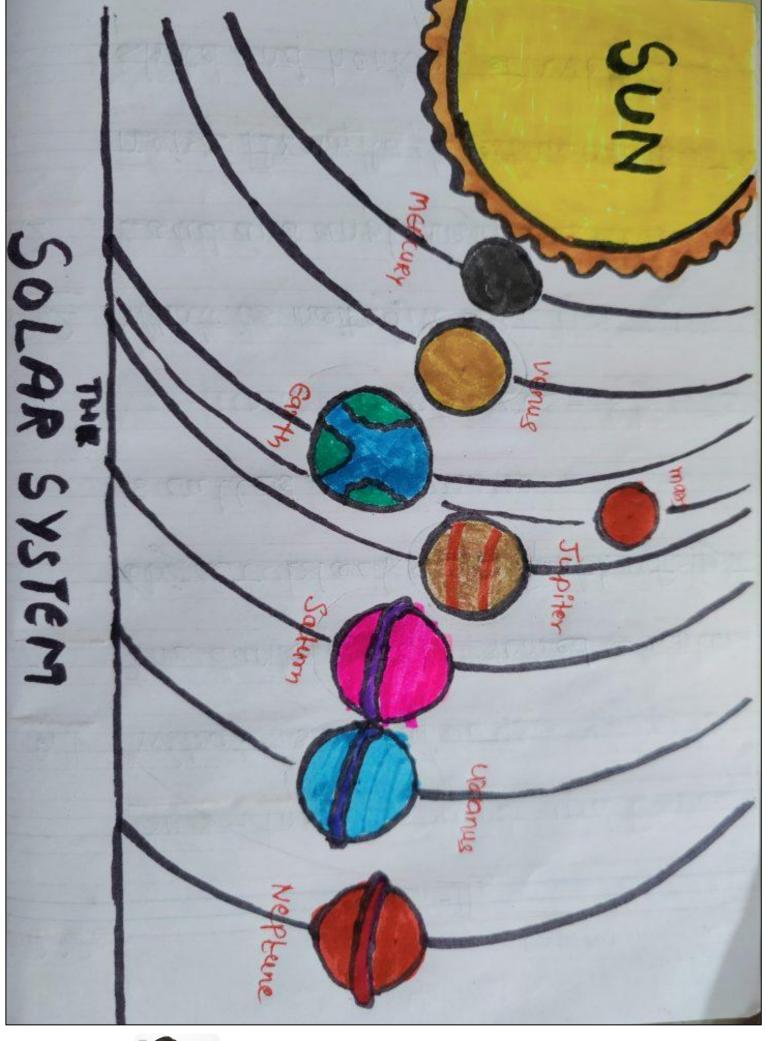
Herbarium - File cover

Kuhu Kacher
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MY EXPRESSIONS





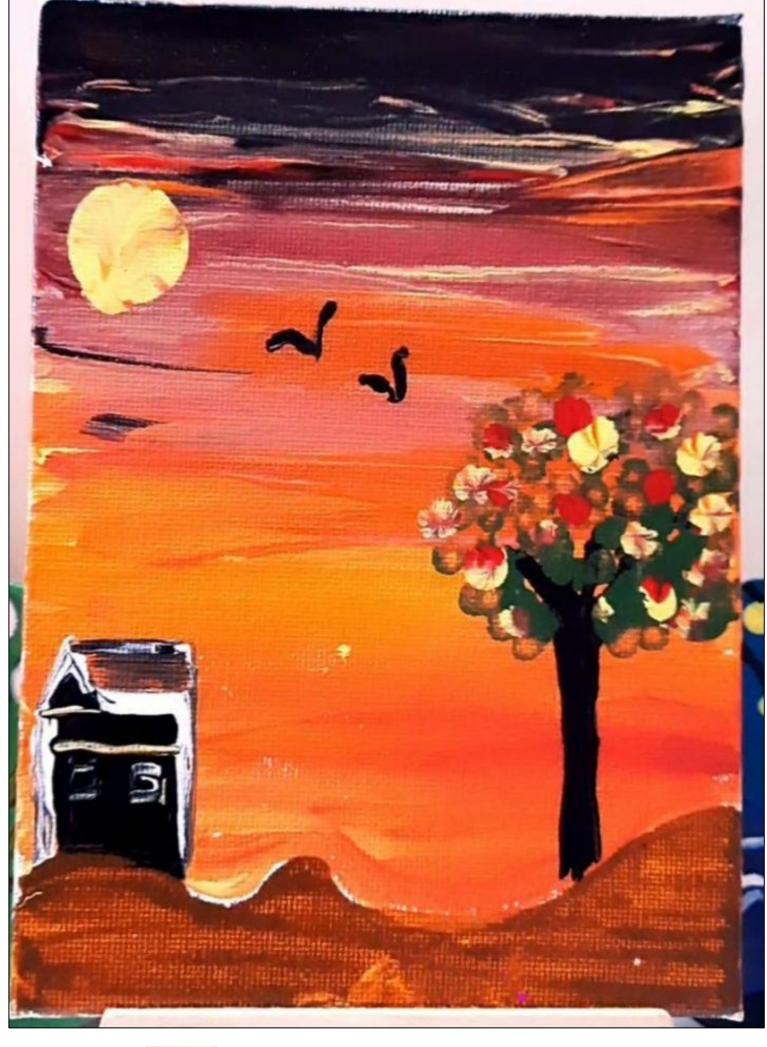
The solar system

SANAYA KHATRI 3, Delhi Public School, Sonepat, Sonepat , Haryana



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MY EXPRESSIONS





Canvas painting MISS PRASHIKHA

MISS PRÄSHIKHA

1, Delhi Public School Jankipuram
Lucknow, Lucknow, Uttar Pradesh



Age Appropriate News School News Events and Achievements

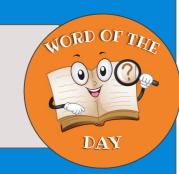
FUNTASTIC



Q: What's a ghost's favourite room in the house?

A: The living room.

Sinister
Adjective | sin-uh-ster
seeming evil or dangerous;
making you feel that something bad will happen





Gobbling gargoyles gobbled gobbling goblins.
Betty's big bunny bobbled by the blueberry bush.
Imagine an imaginary menagerie manager managing an imaginary menagerie.

"You must be the change you wish to see in the world."







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