

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

Hamida Banu: The Wrestler Who Inspired a Generation



In the heart of Aligarh, amidst the vibrant energy of the wrestling field, young Asha's life took an unexpected turn. The rhythmic thuds of bodies hitting the sand, the grunts of exertion, and the roar of the crowd usually filled her with excitement, for she was a keen observer of this male-dominated sport. But today, her focus was drawn to a crumpled newspaper clipping clutched tightly in her hand. It featured Hamida Banu, India's first woman wrestler, her powerful image radiating strength and defiance. This image sparked a rebellion within Asha's soul, a yearning to break free from the confines of societal norms and embrace a path less traveled.

Despite facing disapproval from her family and ridicule from the villagers who saw her aspirations as an aberration, Asha's determination remained unwavering. The whispers behind her back, the mocking glances, and the disapproving shakes of heads only fueled her desire to prove them wrong. The image of Hamida Banu, a symbol of resilience and courage, became her guiding light, a beacon in the darkness of societal expectations. Secretly, she sought training from an old, retired wrestler, her body, once accustomed to the gentle rhythms of domestic life, now aching and protesting as she adapted to the rigorous demands of the sport.

Asha's first match was a defining moment, a culmination of her dreams and struggles. Stepping onto the sand, she faced a local boy amidst a jeering crowd. The weight of their expectations bore down upon her, but instead of fear, she felt a surge of adrenaline, fueled by the spirit of Hamida Banu. Asha transformed the fight into a rebellion against the limitations imposed upon her by society, each move a testament to her unwavering spirit and unyielding determination. With every grapple and every throw, she shattered stereotypes, proving to herself and the world that a woman's strength could be as fierce and untamed as any man's, and that the arena of dreams was open to all who dared to chase them.

WHAT'S INSIDE?

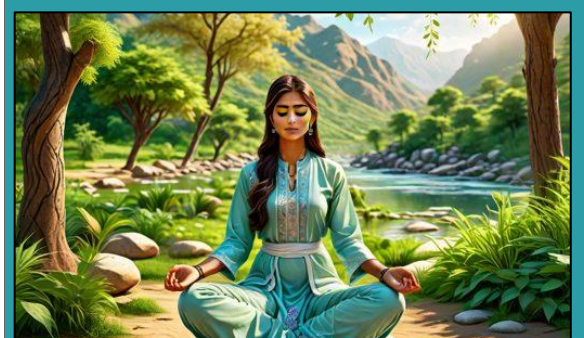
Evolution of Human Beings: Beyond Biology!



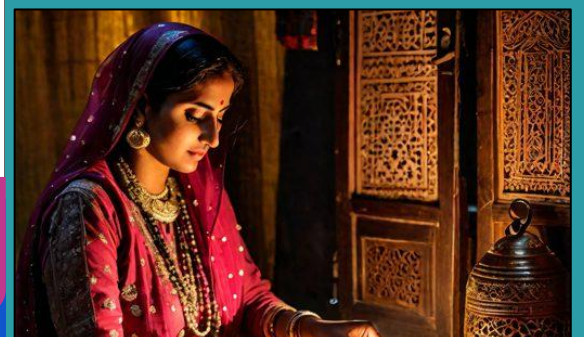
Sour Dough or Sourdough? The Mystery of the Tangy Crust



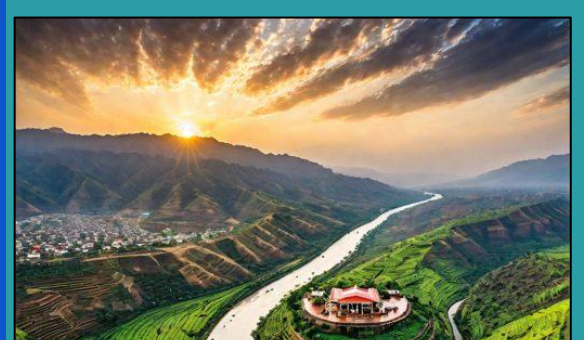
Yoga Exercise in Pakistan: A Story of Shared Roots



Kashmir: A Handmade Renaissance



Escape the Ordinary: One-Day Getaways Near Pune



& much more..

DO NOT MISS THE AMAZING STORIES, VIDEOS AND ART FROM BUDDING WRITERS, SCIENTISTS AND ARTISTS ON MY EXPRESSIONS, JOKESPOKE, WORD OF THE DAY, TONGUE TWISTER, QUOTES AND FUN FACTS. CHECK OUT OUR EVENTS

STUDENT NEWS REPORTER

Become a Student News Reporter

- CURRENT AFFAIRS
- SPORTS & ENTERTAINMENT NEWS
- SCIENCE & TECH NEWS
- SPACE & DISCOVERIES
- LOCAL & SCHOOL NEWS

Do not miss your opportunity, check all the details on! [CURIoustimes.in/ME](https://www.curious-times.in/me)



SCHOOLS PARTICIPATE NOW!

STUDENTS PARTICIPATE HERE!

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

Science & Wildlife

Evolution of Human Beings: Beyond Biology!



Scientists have discovered a new universal law, called the "law of increasing functional information," suggesting that evolution is not just about biological life but a pattern seen throughout the universe. This law means that things in nature, both living and non-living, tend to become more complex and diverse over time.

This law is evident in the evolution of minerals on Earth. Billions of years ago, there were only about 20 types of minerals, but now there are nearly 6,000, demonstrating the increasing complexity over time. This law applies not only to Earth but also to the stars, which have evolved to create over a hundred different elements.

The discovery of this law opens up exciting new possibilities for research and exploration. Scientists are delving deeper into understanding how this law connects everything in the universe, investigating our role in influencing evolution, and searching for signs of life beyond Earth.

Monitor Lizard Magic: Dragon's Earthly Cousin!



In the heart of Borneo's rainforest, the earless monitor lizard, a miniature dragon, thrives in the lush greenery. This secretive creature, with its rough skin and long tail, is a marvel of evolution, a rare gem in the crown of nature. It is the sole member of its ancient family, a living testament to the diversity of life.

This mini-dragon leads a hidden life, a master of camouflage. It blends seamlessly with the forest floor, evading both prey and predators. A skilled hunter and survivor, it navigates the strong currents of streams in search of food, showcasing its agility and resilience.

But this magical creature faces challenges. Deforestation threatens its habitat, and the illegal pet trade puts its survival at risk. However, scientists, conservationists, and local communities are working tirelessly to protect this unique species. You, too, can play a part by raising awareness and supporting conservation efforts.

The Magical Messenger – Dopamine

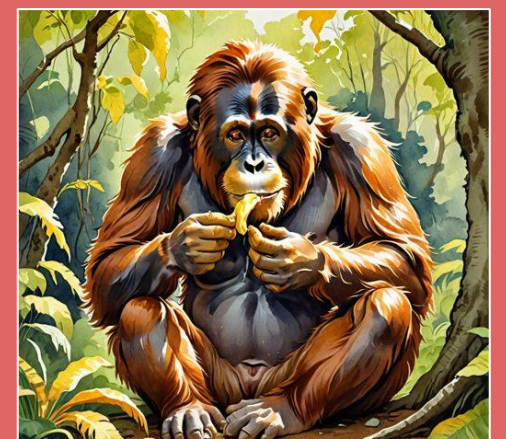


In the intricate kingdom of the mind, Dopamine, a tiny neurotransmitter, plays a crucial role in our feelings of pleasure and motivation. Like a spark igniting a flame, it signals rewards, fueling our desire to learn, achieve, and experience the world with enthusiasm. Discovered in 1957, this chemical messenger quickly became celebrated for its ability to bring joy and drive, shaping our experiences and behaviors in profound ways.

Dopamine is the spark of anticipation, the burst of laughter, the warmth of connection. It's part of a team of "happiness hormones" working together to create a symphony of well-being. Yet, in our modern world of constant digital stimulation, Dopamine can be overstimulated, leading to imbalance.

Solutions have emerged, such as dopamine dressing and "dopamine.fit" exercises, but true balance lies in stepping away from screens and reconnecting with the real world. It's about nourishing our brains with sunlight, healthy food, and meaningful experiences. In the dance with Dopamine, balance is key to a life well-lived.

Rakus the Orangutani: A Self-Healing Pioneer in the Rainforest



In the heart of Gunung Leuser National Park, Rakus, a clever Sumatran orangutan, surprised everyone by becoming a self-taught doctor. After suffering a nasty gash under his eye, he concocted a healing poultice from the roots of Akar Kuning, a vine known for its medicinal properties.

Researchers Sarah and Ahmed discussed Rakus's remarkable feat around a campfire, pondering the wisdom of the forest and the possibility of undiscovered cures hidden within its depths. They marveled at the interconnectedness of nature and the lessons it could teach humanity.

News of Rakus's self-healing ability spread far and wide, attracting attention from scientists worldwide. The orangutan, seemingly proud of his accomplishment, continued to explore the rainforest's abundant resources, proving that sometimes the most effective medicine comes from nature itself.

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

HEALTH & WELLBEING

Sour Dough or Sourdough? Unraveling the Mystery of the Tangy Crust



In a cozy pizzeria, the aroma of "sourdough" pizza fills the air, intriguing Dr. Anita, a scientist with a passion for food. She dives into a scientific exploration of the pizza, using high-tech microscopes and a special technique to uncover the secrets of its deliciousness.

Zooming in on the pizza with her microscope, Dr. Anita encounters the bubbly pockets created by yeast and the tangy-taste specialists, bacteria, that give sourdough its signature flavor. She compares this perfect pairing to an arranged marriage between sourdough and truffle mushrooms, where earthy notes, contrasting textures, and flavor enhancement create a match made in heaven.

The taste of sourdough pizza is a revelation - a symphony of flavors and textures. The tangy crust dances with the richness of the toppings, creating an unforgettable culinary experience. Each bite is a testament to the transformative power of time, the magic of microbes, and the simple joy of delicious food.

Understanding ADD and ADHD: Embracing Busy, Brilliant Brains

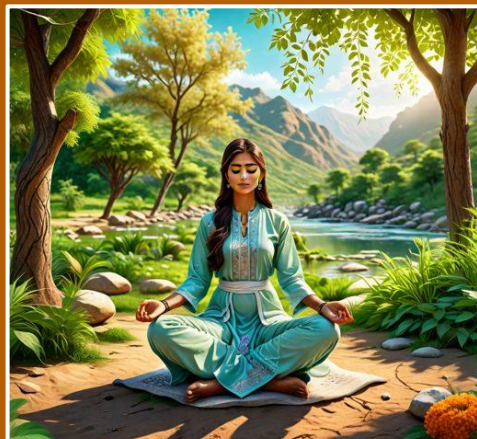


Maya's brain is like a jar full of buzzing bees, thoughts constantly zooming and whirring, making it hard to focus on just one thing at a time. She used to think it was called ADD, but doctors, like explorers charting new territories, discovered it's actually ADHD, meaning her brain works differently, with its own unique strengths and challenges.

Maya's ADHD brain has superpowers! It's an idea machine, overflowing with questions and creative thoughts. It's also an adventure seeker, finding excitement in the smallest details of the world. And her emotions are supercharged, feeling everything intensely, from joy to sadness to anger.

Living with ADHD has its ups and downs. Some days are filled with boundless energy and brilliant ideas, while others feel like a confusing jumble of emotions and thoughts. But understanding her ADHD helps Maya realize she's not alone and that her unique brain brings both challenges and incredible gifts.

Yoga Exercise in Pakistan: A Story of Shared Roots



In Islamabad, news of free yoga classes in F-9 Park sparked a wave of mixed reactions. For some, it was a bridge to a shared past, while others saw it as a cultural intrusion from India. Amidst the controversy, curiosity grew, prompting some to explore this ancient practice.

Asif, an elderly man, recalled stories of his grandmother practicing yoga before the partition of India and Pakistan. He saw it as a rediscovery of a lost part of their heritage. His grandson, Tariq, initially skeptical, was intrigued by his grandfather's wisdom and the idea of yoga as a way to find inner peace and focus.

Not everyone shared this perspective. Hamid, a young blogger, vehemently opposed the classes, viewing them as a cultural invasion. His online posts fueled debate and anger. Yet, curiosity prevailed for many, like Zara, who sought solace from her stress through the practice. As the first class commenced, tension filled the air, but for some, the simple act of stretching and breathing offered a glimmer of hope for unity and peace.

The Newly Discovered Sense of Touch!



A groundbreaking discovery at Imperial College London has revealed a new dimension to our sense of touch. Beyond our skin, our hair follicles also play a crucial role in sensing light touches, challenging our previous understanding of sensory perception.

The research team utilized RNA sequencing to uncover that hair follicles possess more touch-sensitive receptors than skin cells. When these follicles are touched, they trigger a reaction in nerve cells, confirming hair's significant contribution to our sense of touch.

This revelation opens up exciting possibilities for future research. Scientists are delving deeper into understanding the mechanisms behind hair's sensory abilities and exploring potential applications for this knowledge, such as developing innovative treatments for skin conditions. The human body continues to surprise us, proving that there is always more to learn and discover about ourselves and the world around us.

CURIOUS TIMES WEEKLY

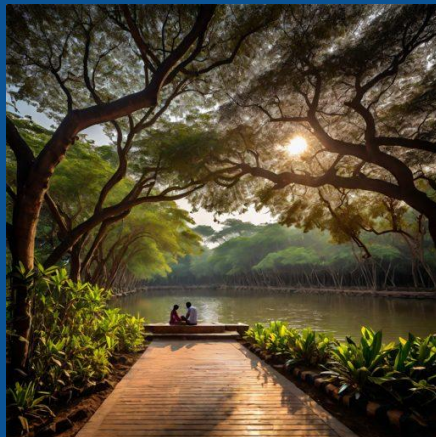
Age Appropriate News

School News

Events and Achievements

CULTURE & ENTERTAINMENT

Chennai Capital Readers Find Their Sanctuary



By Chitlapakkam lake, a bookish sanctuary emerges. Arvind's dream brings the serenity of the beach to his Chennai neighborhood. Readers like Nithya escape the city's hum, finding solace in unexpected titles, while others, like Vasilakshmi, rediscover their love of reading within this supportive community.

Where trash once floated, the lake now reflects a cleaner, greener Chitlapakkam – thanks to tireless volunteers like Sunil. Water lilies bloom where plastic bags once drifted, their delicate petals a testament to the community's dedication. Former teacher Gowri smiles; this green space nurtures minds as much as the landscape. Children chase butterflies where weeds once tangled, their laughter a vibrant echo of the lake's own revival.

Coffee brewing, conversations buzzing, the readers will soon disperse... but for these precious hours, Chennai finds its rhythm not in the city's thrum, but in the quiet rustle of pages.

Olive Oyl the Dainty Damsel

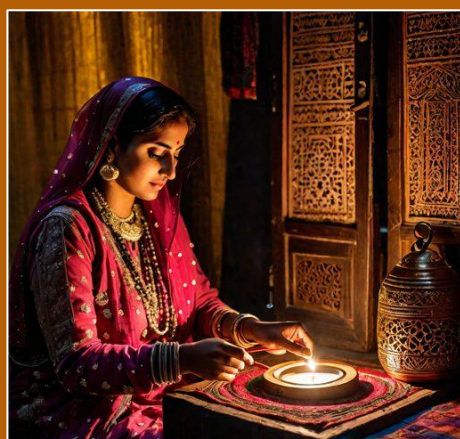


Olive Oyl, created by Elzie Crisler Segar in 1919 for the "Thimble Theatre" comic strip, has evolved significantly since her inception. Initially a variable character, she became a protagonist alongside Ham Gravy, showcasing unconventional traits for a female character at the time.

Her physical appearance and role changed over the years, particularly after Popeye's introduction in 1929, where she transitioned into his love interest. Adaptations in animated shorts and media often simplified her to a damsel-in-distress, differing from her autonomous comic strip persona.

Over decades, Olive Oyl's design and personality underwent various iterations, reflecting cultural shifts and animation styles. Her enduring appeal and adaptability have made her a prominent figure in modern media, representing significant trends in American comics and animation and societal views on female characters.

Kashmir: A Handmade Renaissance

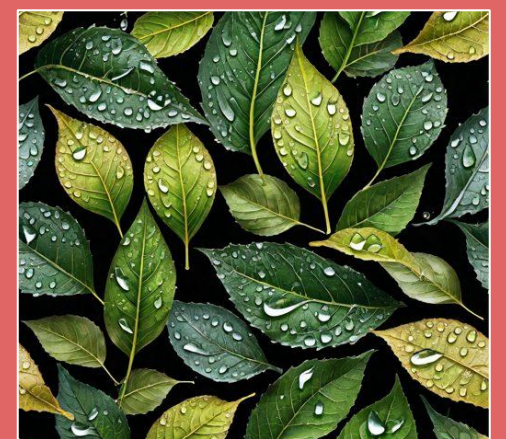


In Kashmir, tradition is making a comeback. The rhythmic whir of the charkha, once fading, is returning to villages. For generations, women artisans were the heart of Kashmir's crafts, but cheap imitations stole their livelihoods. Now, GI tags are changing everything!

These aren't just labels. They guarantee a Kashmiri shawl is the real deal, hand-spun and woven with centuries of skill. This means fair wages for women, letting them support their families with pride. "My daughters will learn this now," one artisan smiles, "there's work for them again!"

GI tags aren't just about money. They're about women like Aisha, a single mom who had to quit weaving when her work was undercut. Now, she's back at her loom, her wages paying for her kids' school. Her story is Kashmir's story – resilience, tradition, and the hope of a brighter future woven with their own hands.

Autobiography of a Tree: The Next Chapter



In the heart of the forest, a tiny seed awakens, beginning a journey of growth. It pushes through the dark earth, unfurling its delicate leaves to meet the warmth of the sun. It emerges into a sunlit world, meeting Grandfather Banyan, a wise, ancient tree revered by all. The old tree shares his wisdom and stories, guiding the young sapling.

Eager to find its place, the sapling faces challenges but finds solace in the creatures it shelters and the promise of its own unique beauty. Time passes, and the sapling grows, drawing strength from the earth and whispers of the wind. Grandfather Banyan continues to guide, sharing lessons of the forest as old as time.

But a change is coming, a shift in the air hinting at an approaching storm. The leaves rustle nervously, and the animals grow quiet. The sapling feels a sense of unease, but Grandfather Banyan offers reassurance. He reminds the sapling that every storm yields to sunshine, and its story, like the forest's, has only just begun.

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

FEATURE CONTENT

Escape the Ordinary: One-Day Getaways Near Pune



The city's noise fades, replaced by birdsong and the rustle of trees. As Pune disappears in the rearview mirror, a sense of deep peace settles in. Banyan Bliss is one such haven – a place where a gentle couple, the Nairs, have created a sanctuary for those seeking tranquility.

Sunlight paints the valley in gold as we arrive. Mud cottages and a majestic banyan tree offer a timeless welcome. Banyan Bliss is the Nair's dream realized – a place to rediscover simple joys. It's built with love for the earth, where rainwater is conserved and traditional methods create harmony with the landscape.

The banyan tree's branches shade a lotus pond, its heart. Beyond lies an organic garden, a butterfly haven, and a promise of fresh food. This is more than a retreat; it evokes childhood – the rooster's call, the thrill of a bullock cart ride. Banyan Bliss reminds us that the best memories are made far from the city lights.

Best Restaurants in Pune That Will Steal Your Heart



Pune's streets hum with a mix of old and new, but one thing stays constant – amazing food! From sizzling vada pav to sweet treats, there's a flavor for every craving. Siddhartha, a local foodie, became our guide on a quest to taste the city's best.

First up: vada pav! Nothing beats the thrill of grabbing a spicy potato fritter from a bustling street cart. "This is real Pune street food," Siddhartha declared, "Mumbai can't compete!" Next, we stepped back in time at Marzorin, an old Irani cafe filled with charm. Their chicken sandwiches are legendary.

Camp revealed hidden gems like Dorabjee & Sons, where Parsi passion simmers in slow-cooked dishes. Locals swear it's the best hangover cure in the city! Then, it was caffeine and cuddles at Cookie & Coffee, run by ex-corporate escapees. Their Vietnamese iced coffee? A must-try! Pune's flavors are a delicious mix – old-school icons and fresh spots proving this city truly feeds the soul.

Kohlrabi and the Curious Mrs. Kapoor



Kohlrabi, also called German turnip, is a vegetable that's related to the cabbage family. Kohlrabi has a long stem that is covered with leaves and a bulb that is usually purple, light green, or white. The flesh is a pale yellow-white colour.

The name "kohlrabi" comes from the German words "kohl," which means "cabbage," and "rabi," which means "turnip." It has a big market in a number of countries in Asia and Europe. The German turnip is becoming more well-known all over the world because of all the ways it can be used in cooking and medicine.

Depending on what you like, you can eat it raw or cooked. Both the bulb and the leaves of this plant can be eaten. Most of the time, the bulb is cut up and used in soups and salads.

There are enough amounts of vitamin C, potassium, fibre, and vitamin B6 in this food. Kohlrabi is used to treat a wide range of health problems, such as cancer, heart disease, constipation, diabetes, high cholesterol, liver disease, and weight loss.

Batik German Iris – Unique Flowers!



Once upon a time, in a magical garden far away, there was a special flower called Batik German Iris. It was known for its bright colors and one-of-a-kind patterns that made everyone smile. Every morning, as the sun rose, Batik would wake up and proudly display its beautiful purple, blue, and yellow petals.

One day, a mischievous butterfly named Benny decided to play a prank on Batik. Benny tickled Batik with his tiny wings, causing the flower to burst into laughter. The nearby roses blushed pink, and even the daisies couldn't help but giggle.

Batik wasn't just a joker; it had a kind heart too. Whenever a bee buzzed by, Batik would offer a place to rest. Bees would happily land on its petals, chatting with the friendly flower. Other flowers admired Batik's ability to make friends with everyone, including busy bees.

So, next time you see a flower with vibrant colors and unique patterns, remember Batik German Iris. Embrace your own uniqueness, spread laughter, and be kind to others.

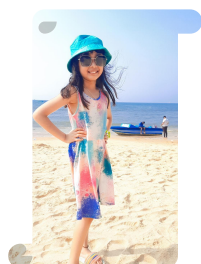
CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

MY EXPRESSIONS



Seashells Symphony: Nature's Music on Your Wall

Miss Prashikha,
Delhi Public School Jankipuram Lucknow,
Lucknow, Uttar Pradesh

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

MY EXPRESSIONS



Celebrating Kabiguru: Special My Expressions Feature

Ahanteertwaa Maity
Techno India Group Public School
Garia, Kolkata, West Bengal

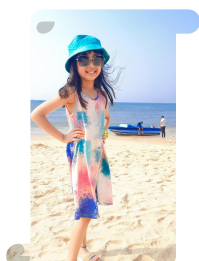
CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

MOTHER'S DAY



Mother's Day: Sweet greetings for Mom

Miss Prashikha,
Delhi Public School Jankipuram Lucknow,
Lucknow, Uttar Pradesh

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

FUNTASTIC



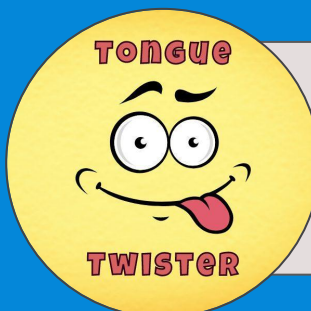
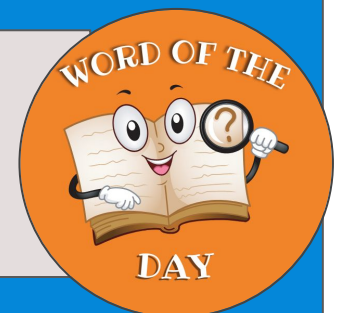
Q: Why was the belt arrested?

A: It held up a pair of pants.

Q: Why did the golfer bring two pairs of pants?

A: In case he got a hole in one.

Treacherous
Adjective | trech-er-uhs
dangerous and unstable



In the mystical meadows of Marmalade Manor, merry monkeys merrily munch mangoes, while whimsical walruses waltz with willowy willows. Twinkling fireflies flutter, casting twinkling tints of teal and turquoise upon the tranquil tapestry of twilight. Amidst this whimsical wonderland, sly squirrels skillfully scurry, secreting acorns in the spongy soil.

"Life is not about waiting for the storm to pass, but about learning to dance in the rain." - Curious Times



WORLD VIEW FOR CHILDREN

News that's Simple and Relatable



STUDENTS PARTICIPATE NOW!

CURIOUS TIMES WEEKLY

Age Appropriate News

School News

Events and Achievements

LEADING SCHOOLS ARE ON CURIOUS TIMES. JOIN NOW!



ENJOY BENEFITS OF CURIOUS TIMES FOR SCHOOLS

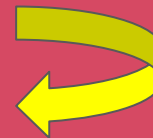
1. GET SCHOOL PAGE WITH BRANDING



2. LOGO DISPLAY ON STUDENTS' ENTRIES



3. PUBLISH YOUR SCHOOL NEWS



4. CUSTOMISED SCHOOL-BRANDED NEWSLETTER



5. EARLY ACCESS TO EVENTS & COMPETITIONS



Curious Times Annual Calendar

Check out the upcoming Events and Competitions

READ MORE

